



# HUDSON VALLEY DENTAL

## TMD & Facial Aesthetics

### **Dental Anxiety Doesn't Have to Last a Lifetime**

Fear can start early and stay forever. A single scary visit can turn into decades of skipped appointments, cavities, root canals, and tooth loss. We stop that cycle before it starts by treating every child, teen, parent, and grandparent as gently as we'd treat our own.

### **4 Comfort Levels, Zero Judgment**

#### **1. Happy-Air (Nitrous Oxide)**

- Breathe in through a scented mask; within two minutes the jitters melt away.
- Kids stay awake, keep their reflexes, and leave the office smiling.
- Wears off fast—patients can return to school or work the same day.

#### **2. Dream-Pill (Oral Conscious Sedation)**

- Take a small, FDA-approved tablet at home one hour before the visit.
- You arrive drowsy, float through treatment, and remember little to nothing.
- Still able to answer questions and co-operate; we simply turn the volume down on fear.

#### **3. Twilight-IV (Intravenous Sedation)**

- Medication delivered directly into the bloodstream for the deepest relaxation available in a private office.
- Perfect for long procedures, severe gag reflexes, or patients who want to “wake up when it's over.”
- Vital signs monitored continuously; dosage adjusted second-by-second for safety.

#### **4. Deep Sedation (General Anesthesia)**

For the few patients who need to be completely unaware—or for very young children, extreme phobias, or complex surgical cases, offer true general anesthesia delivered by a board-certified dental anesthesiologist in our fully accredited surgical suite.

**What it feels like**

You breathe through a small mask, drift off in seconds, and wake up with the work finished. No sounds, no smells, no memory of the appointment.

**Who Qualifies?**

- Infants having their first cleaning to seniors needing full-mouth reconstruction.
- Previous traumatic experiences, needle phobia, special needs, or difficulty getting numb.
- Virtually anyone cleared by a short health screening (done chair-side or virtually).